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| NNObjectiveTo provide high quality, trauma-informed programs for caregivers, providers, & families caring for children living with chronic life-limiting or life-ending illnesses drawing upon integrative and evidence-based SkillsSkilled patient advocate Demonstrated success- designing & implementing evidence-based wellness, awareness, education, and navigation programs in primary care and in-patient settings.Experienced & expert- youth development, family systems, and caregiver programming.Trained in - expressive arts, counseling, mind-body medicine, and integrative medicine health coaching practices. |

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| nancy h netherlandcaregiver wellness | kidsandcaregivers.comnnetherland.com |

relevant experienceCommunitas health program •caregiver group co-facilitator • Residential retreat setting – mind/body medicine and peer support for groups of caregivers caring for teenagers living with life-limiting and life-ending chronic illnesses.kids and caregivers•caregiver/patient education and support • One-on-One and group support online and in-person, patient and caregiver education, peer wellness activities, information & content development, and navigation support. UCSF • Aids Health Project • Clinical internships for MFT providing counseling to individuals- and families -receiving positive HIV test results. Also, worked as an Anonymous Test Site Counselor.California Pacific Medical Center • Planetree health • Oversaw expressive arts and arts program for Medical-Surgical, Oncology, and HIV in-patient floors. Designed, implemented, evaluated and fundraised for programming.YMCA SF regional • Urban services/Prevention health • Designed, implemented, and managed prevention education programs in four Bay Area Counties, over a dozen YMCA facilities, and over 3-dozen school sites. Responsible for staff and volunteer team of 50+; replication of statewide and national programs; evaluation; fundraising; and project management.Netherland & Associates •please see client list• Community Health Centers and Public Health – Program Design, Project Management, Quality Assu­rance, and Fund Development.Leadership/volunteer experience**UCSF Osher Center for Integrative Medicine** – Caregiver Mind-Body Medicine Group 2017-Current**UCSF Benioff Children’s Hospital** – **Mission Bay**Chronic Illness Clinic Advisory 2017-Current**State of California** – **Children’s Health Medicaid Advisory Panel**October 2018 – current**UCSF Benioff Children’s Hospital** – – **Mission Bay**Mental Health Working Group 2017-Current**Communitas Health Program** – – **SF**Advisor/Board Member 2017-Current**PCORI Caregiver Scholarship Awardee-** October 2017**Playworks** – – **National**Working group/AmeriCorps 2015-CurrentEducationhealth coaching • DUKE UNIVERSITY INTEGRATIVE MEDICINECompletion December 2018certification • center for mind-body medicinePending 2019BA • UC Santa CruzFocus of study – Political theory. Degree awarded in Politics.MA Counseling• college of notre dameCoursework complete. Focus of study – Art therapy and family systems in medical and healthcare settings. |

### Recent publications

 **A Step-By-Step Guide – Finding Pediatric Clinical Trials for Your Child**

<https://guides.clarahealth.com/finding-pediatric-clinical-trials/>

**Informed Assent – How to Include Children In the Decision to Join a Clinical Trial**

<https://guides.clarahealth.com/informed-assent-pediatric-clinical-trials/>

**Three Tips on How to be a Caregiver for Your Child: Eat the Cake First**

<https://guides.clarahealth.com/how-to-be-a-caregiver/>

**Caregiver Selfcare- Not Just One More Thing on the List**

<https://themighty.com/2017/04/caregiver-self-care-not-just-one-more-thing-on-the-list/>

**The Day I Realized I Needed to Shower My Kids with Magic**

https://www.todaysparent.com/blogs/opinion/the-day-i-realized-i-needed-to-shower-my-girls-with-magic/

**How I Found Allies for my Daughter’s Rare Illness**

<https://themighty.com/2016/11/how-to-find-advocates-for-your-childs-rare-disease/>

**The Good Moments are Everything Caring for my Rare Kids**

https://themighty.com/2016/08/why-the-good-moments-matter-in-parenting-children-with-rare-disease/